## FOR YOUR INFORMATION:

**The Parish Nurses Say:** Heart disease is the leading cause of death in the United States. Your chances of developing heart disease go up with the number of risk factors you have. Some of these you can't change ---like your age and family history. But there are many you can control. Check the bulletin board for more information.

**As You Prepare for Lent, Join us for a Morning of Spirituality:** Our Lady of the Rosary Secular Franciscans Fraternity will be hosting a Morning of Spirituality as we enter the season of Lent. Carolyn Lawrence will be presenting The Temptations of Christ at Saint Bede Catholic Church on Saturday, March 9 from 9:00 a.m. to Noon in the Father Walsh Conference Room. There is no charge for this event, however, reservations are required. Please call Joan Buhler at 757-846-0908 or 757-826-5662 by Wednesday March 6 to reserve your space. To learn more about Franciscan Spirituality, please visit our website https://olrsfo.weebly.com.

Are there times in your life or marriage relationship when you feel you are in a spiritual desert? Give life to your marriage, sign up today to attend one of the upcoming **Worldwide Marriage Encounter** Weekends on Mar 22-24, 2019 in Herndon, VA and Jun 21-23, 2019 in Cary, NC. Early sign up is recommended. For more information visit our website at: https://renewmarriage-vasouth.org/.

**FAMILY DINNER DANCE: The Knights of Columbus Council 5480** will be hosting a dinner dance the evening of Saturday, March 9th from 6:00 to 9:00 pm at St. Michael's Hall, 144 Harpersville Road, Newport News. Tickets are $5 per person. Please Contact Jason Weischedel, jasonweischedel@me.com for tickets and more information or you may call (901)381-5643.

Enjoy **"A Night Under the Stars,"** Our Lady of Mount Carmel School's annual auction, on the evening of Saturday, April 6th. The doors will open at 5:30pm and the live auction will start at 8:00pm. All proceeds from the auction will support the schools and students. Tickets are $50 each. To reserve your spot, please RSVP to Pat Gorman at patron422@verizon.net or contact Jennifer Phillips at jphill757@gmail.com. You may also call 757- 930 - 0311 or 757- 635 – 4026.

**CLASS OFFERED:** Learn God's ways of handling money through Financial Peace University. Classes at Saint Jerome begin 13 March, meeting Wednesday evenings for nine weeks. Personal finance topics range from simple budgeting to planning for the future. To enroll please visit the website, https://fpu.com/1082774. Email Seth Wacker, seth.m.wacker@gmail.com, for more information. Fees apply.

## MASS INTENTIONS FOR MARCH 5-10, 2019

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| Mar 5, Tuesday | | Helena Thuy Duong ✝ |
| Mar 6, Wednesday | 7:00am | Patricia Kubik ✝ |
| | 12Noon | Joseph Jura ✝ |
| | 7:00pm | Genevieve Mae Kerstetter ✝ |
| Mar 7, Thursday | | John DuRocher ✝ |
| Mar 8, Friday | | Annie Din ✝ |
| Mar 9, Saturday | | Paula Candelaria ✝ |
| Mar 10, Sunday | 7:00 | Conception Robedillo ✝ |
| | 9:00 | Marilyn Cotrupi ✝ |
| | 12:00 | Lil Walsh ✝ |

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## READINGS FOR MARCH 4-10, 2019

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| Mar 4, Monday | Sir 17:20-24, Ps 32:1-2, 5, 6, 7 Mk 10:17-27 |
| Mar 5, Tuesday | Sir 35:1-12, Psalm 50:5-6, 7-8, 14 and 23, MK 10:28-31 |
| Mar 6, Wednesday | JL 2:12-18, PS 51:3-4, 5-6AB, 12-13, 14 AND 17, 2 COR 5:20—6:2, MT 6:1-6, 16-18 |
| Mar 7, Thursday | Dt 30:15-20, Ps 1:1-2, 3, 4 and 6 Lk 9:22-25 |
| Mar 8, Friday | Is 58:1-9a, Ps 51:3-4, 5-6ab, 18-19 Mt 9:14-15 |
| Mar 9, Saturday | Is 58:9b-14, Ps 86:1-2, 3-4, 5-6 Lk 5:27-32 |
| Mar 10, Sunday | Dt 26:4-10, Ps 91:1-2, 10-11, 12-13, 14-15. Rom 10:8-13 |

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## UPCOMING EVENTS FOR MARCH 4-10, 2019

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| Mar 4, Monday | Divine Will Group 9:00 am<br>Science & Faith/Proclaiming the Reality of God 7:00 pm<br>St. Monica Warrior Prayers 7:00 pm |
| Mar 5, Tuesday | Our Common Home Ministry 6:00 pm |
| Mar 6, Wednesday | **ASH Wednesday/Masses 7:00 am, 12Noon and 7:00 pm**<br>**NO Youth** Choir Practice<br>CDA/Blankets 9:00 am |
| Mar 7, Thursday | Adoration after 8:00 am Mass<br>Adore Him 7:00 pm<br>**NO Adult** Choir Practice |
| Mar 8, Friday | Peninsula Catholic Youth & Parent Retreat – Mass with Father Nick Redmann 7:30 am<br>Mass/St. Francis 11:00 am<br>Knights of Columbus/Stations of the Cross 6:00 pm followed by Soup Supper 6:30 pm |
| Mar 9, Saturday | Jackie Kronstain Speak at Ambo Re: Bishop Annual Appeal 6:00 pm<br>Adult Bible Study Session #6 – St. Catherine of Sienna Potluck 5:00 pm |
| Mar 10, Sunday | **DAYLIGHT SAVING TIME BEGINS**<br>Jackie Kronstain Speak at Ambo after All the Masses<br>**ALL /**Religious Education Classes10:30 AM<br>Baptism Class 10:30 am<br>RCIA/Rite of Election 3:00 pm |

## CHURCH:

**ASH WEDNESDAY, March 6:** Masses are 7:00am, 12Noon and 7:00 pm. ***ASH WEDNESDAY*** marks the beginning of Lent. Since biblical times ashes have symbolized repentance of sin or grief in mourning. Ashes used to make the Sign of the Cross on foreheads are from the charred remains of the palms from Palm Sunday of last year.

Adoration of the Blessed Sacrament will be held on 7 March beginning at 8:30am in the Blessed Sacrament Chapel. This month, **ADORE HIM! XLT!** Is scheduled to begin at 7pm in the church. This is a time of praise and worship music and prayer with the Blessed Sacrament. Please come and spend some time with our savior.

**STATIONS OF THE CROSS AND SOUP SUPPERS:** will begin on 8 March at 6pm. The Knights of Columbus "kick off" the first evening with grilled cheese and tomato soup. This Lent, a special fish fry will be offered in April. More information to come!

**PENANCE RECONCILIATION:** St. Jerome Penance Service will be held April 2 at 7:00 pm.

***GUIDELINE FOR LENT*:** Those 14 years and older are obliged to abstain from eating meat on Ash Wednesday, the Fridays of Lent and Good Friday. All adults are bound by the law of fasting up to the beginning of their sixtieth year on Ash Wednesday and Good Friday. There is to be no eating of meat or eating between meals.

**OPERATION RICE BOWL:** Operation Rice Bowl is a special Lenten Program of prayer and sacrifice to benefit the world's hungry. Money saved from your family's weekly sacrifices will help alleviate the sufferings of many people and support Catholic Relief Services' global efforts to eliminate the root causes of poverty. This is particularly important this year in the wake of the tsunami disaster.

**GUADALUPE PILGRIMAGE INFORMATION MEETING FOR ST JEROME'S PARISHIONERS** will be held with Helen Butler to help plan/find out more about Pilgrimage to Guadalupe, Mexico. The meeting will be Tuesday, March 12th after the 8:00 am Mass.

## CHRISTIAN FORMATION:

**RCIA:** Interested in attending an adult study? Lots of opportunities exist and more are coming during Lent. Studies are ongoing on Sunday mornings, Thursday mornings and once a month on Thursday nights and Saturday nights. Beginning in Lent, guest speakers and book studies will be added. Don't miss out! Continue to strengthen your faith journey by studying with others in our parish. If these dates and times don't work for you, please email margie@stjeromennva.org to find something that might!

**"Science and Faith:** Proclaiming the Reality of God: Scientific and Human Evidence of God's Existence," **4 March** at 7pm in the Fellowship Hall. Come join a fascinating discussion on the reality of the Divine through scientific proof. All are encouraged to attend.

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## BAPTISMAL SCHEDULE:

The next Baptism Class will be held on Sunday, March 10th at 10:30 AM in the second floor classroom, #10 in the Faith and Life Center. **Parents and Godparents must SIGN-UP to attend!** A Nursery will be available. Please call St. Jerome office to register for the class, (757) 877-5021.

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## PLEASE PRAY FOR THE DECEASED:

**Elizabeth Taylor (Mother of Steve Taylor)**

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Please keep in prayers the **servicemen and women** who are defending our freedom, their families who are awaiting their safe return home, and for those who have given the ultimate sacrifice.

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Please pray for the **sick** of our parish and for the families and friends of our parishioners.

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**Come into the house.**

Bring all you are, no need to check your failures at the door.
There are no perfect people here.
You are invited: come.
Come in seeking; come in wondering; come in hurting.
Come into this house of companionship and compassion.
Come in. you are welcome here.
St. Jerome Church opens its doors to you and in the name of Christ bids you Welcome.